



SLOW LIFE
COSTA DEL SOL
your holiday, our passion!



***It's time for
a Cooking Break in Andalusia***

*Learn to cook a delicious Andalusian three-course menu,
inspired by authentic traditional recipes*

Enjoy an unforgettable evening at the white village of Nerja

Where

- Among the hills of the village of Sayalonga, few miles away from the most beautiful beaches of the eastern Costa del Sol, and at just 45 minutes drive from Malaga International Airport (AGP).
- Sayalonga belongs to the Axarquia region, and enjoys a typical Mediterranean climate with warm summers and mild winters, and 320 days of sunshine a year.

Suitability

- Cookery holidays are suitable for all levels from complete beginners to experienced cooks.

Number of participants

- 8 to 10

Spoken languages

- English, Spanish, German, French, Italian

Duration

- 2 nights / 3 days

When

- Suggest an alternative date, cookery holidays are available to existing groups (min. 6 pers.)

Your Chef: The cooking classes are given by experienced and passionate people, who have the pleasure of sharing their deep knowledge of the traditional recipes of Andalusian and Spanish cuisine.

Cooking Break in Andalusia Itinerary

- The cooking weekend will teach you how to cook a delicious three-course Spanish meal.
- The dishes are inspired by the genuine recipes of Andalusian traditional heritage. The region of Malaga is renowned for its famous sweet and dry wines.
- You'll try some of its best and most popular products during an informal wine tasting.
- A further tasting session also allows you to try some of the variety of oils produced by the extensive olives groves of Andalusia.
- The cooking weekend includes a guided tour of the white small town of Nerja, one of the most beautiful of the Costa del Sol, which boasts fine shops.
- You will be able to sample the local cuisine by dining out in one of its many restaurants. In Nerja you'll find menus to suit all tastes and budgets.

Please note: The itinerary is for guidance only and is subject to change depending on the season:

Day 1

- Welcome refreshment
- Room assignment, time to explore the house and chill out in the garden or on the poolside. Relax, and meet your fellow cooking guests.
- Local wine tasting session, offering the chance to sample Malaga's best and most popular wines (dry and sweet).
- Taste some of the different olive oils produced from the Andalusia's olive groves.
- Delicious Andalusian dinner, made from fresh local ingredients and accompanied by top local winery wine.

Day 2

- Enjoy a leisurely breakfast before the cookery lesson.
- Learn to cook a three-course Spanish menu in a relaxed and fun environment.
- Enjoy your dishes during a group meal with your fellow chefs.
- In the afternoon, you will explore the beautiful white town of Nerja.
- Your guides will show you the points of local interest. You will experience the Andalusian way of life and enjoy spectacular views.
- This evening's dinner plans are flexible and you are free to discover the many restaurants on offer in Nerja. All are within walking distance and your hosts can give you recommendations.

Day 3

- After a leisurely breakfast, make the most of your remaining time, and relax on the garden or on the poolside of *Villa el Pino*.
- You will bring back home an array of Andalusian recipes and life memories that will stay with you long after the holiday is over.

People come and people go but friendship stay. Hasta la Vista Amigos!

Accommodation in Villa el Pino

- *Villa el Pino* enjoys a beautiful view of the Mediterranean vegetation and of the hills and mountains.
- You can relax in the large garden with flowers and plants, next to the large pool, under the veranda or in the cozy lounge.
- It has 5 rooms furnished with taste and attention to detail:

<http://slowlifecostadelsol.com/villa-el-pino.html>



**Casa Rural
Superior**

CR/MA/00605

The Rooms

One *Premium* room with a double four-poster bed, reading area, private bathroom, air conditioning, WI-FI



Two double beds *standard* rooms with shared bathroom between two rooms (with private key), air conditioning, WI-FI



Two single beds, *standard* rooms with double a shared bathroom between two rooms (with private key), air conditioning, WI-FI



Single travelers

- You can book a room for single use, with supplement, or share a double room at no additional cost.

Food

- The food served at *Villa el Pino* is based on genuine local products.

Price per person (VAT included)

- Standard room shared	349 €
- Standard room single use	436 €
- Premium room shared	419 €

The price per person include

- 2 Overnight stays at *Villa el Pino*
- Cooking class on the second day
- Excursion in Nerja
- Welcome dinner with free flowing wine and water
- 2 Full breakfast
- 1 Lunch with free flowing wine and water
- Transportation in climate controlled van on the excursion in Nerja
- Airport transfers
- Wi-Fi

The price per person does not include

- Cost of travel (flight, train, or other means) from abroad or Spain.
- Other food and drinks than those specified in "The price per person includes".
- On Day 2, dinner in Nerja is not included

Additional information

- We are covered by liability insurance on the property, and on the activities carried out. In any case, at the time of booking, we recommend to our guests to get a travel, cancellation, and medical insurance.
- Check-in at any time after 3 pm on the first day (in special cases it is possible to get the room before 3 pm).
- Check out before 12:00 on the last day after breakfast
- If for any reason you choose to abandon the yoga break after it has begun, no refunds will be provided for not used services.

Touristic relevance

- The landscapes of the region of Axarquía are among the most picturesque of Andalusia. His territory hosts mountains, valleys, traditional villages, natural parks, and the sunny beaches of the Costa del Sol.
- Each one of the 31 municipalities of the region has its own particular cultural and gastronomic heritage to be enjoyed during all seasons.

- The Mediterranean climate, with hot summers and mild winters, attracts international visitors throughout the year.
- The culture, traditional cuisine, the warmth of its people, makes the visit of this region an exciting adventure.

Links of touristic interest

<https://www.youtube.com/watch?v=G8hOUbCjAyE>

http://www.youtube.com/watch?v=q6wSU_HqNPY

Meeting Point

- Malaga International Airport (AGP), Malaga Maria Zambrano Railway Station, or directly at *Villa el Pino* in Sayalonga (Malaga)

Information for the traveler

- ***On arrival:*** the free transport service from the airport (or railway station) to *Villa el Pino* will take place at 3.30 pm. Guests who arrive at the meeting point in the terminal after 3.30 pm can consult us for an alternative, not for free, service.
- ***On the way back:*** the free transport service from *Villa el Pino* to the airport (or railway station), will take place at 11 am.

How to get to Villa el Pino

You can do it by car in just 45 min. from Malaga International Airport or downtown. You must take the *Autovía del Mediterraneo* (A-7, N-340), follow the signs to Almería, and take the exit (277) to Algarrobo. From there you'll follow the signs to Sayalonga (MA-103). After crossing Algarrobo, take the MA-104 and keep driving until the Km 11. You will see the indication for *Villa el Pino* on the right hand. Drive up hill, follow the prompts, and there we are.

Contact / Reservation

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